

cellphone. The first thing on it was a notice that JOHN MCCAIN had brain cancer. I literally stopped in my steps and thought about JOHN MCCAIN and was saddened.

Senator JOHN MCCAIN is a true American hero who served our country in Vietnam and has served our country in this House of Representatives and the United States Senate.

When he ran for President, he had a bus called Straight Talk, and that wasn't just a name on a bus. He is a straight shooter.

He has been a voice of reason and honesty, standing up and speaking truth to power during these last 6 months of this current Presidency, and somebody whom we need as a voice.

It seems that Arizona produces those voices. They produced it with Barry Goldwater, and they produced it with JOHN MCCAIN.

He is a nice guy, too. The few opportunities I had to interchange with JOHN MCCAIN or go up to him and say something to him about an issue, he was always very easygoing, very pleasant, a good human being.

I urge you, if there are people in your life that you think well of, that you care about, let them know it now, and keep JOHN MCCAIN in your prayers. Hopefully, he will come back and continue to serve the United States as he has throughout his entire life.

□ 1245

HIGHLIGHTING HALL GROWS

(Mr. COLLINS of Georgia asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. COLLINS of Georgia. Mr. Speaker, I rise today to highlight the success of my friends and neighbors at the Hall County Chapter of the Georgia Farm Bureau. This past year, the Farm Bureau launched Hall GROWS, an educational initiative designed to help students expand their knowledge of agriculture.

In my home State of Georgia, agriculture is the largest industry, contributing \$74 billion to the State's GDP. Our young people represent the next generation of farmers, agricultural experts, and consumers. It is our duty to ensure that these young students possess an understanding of the strategic advantage that agriculture represents for the United States.

The Farm Bureau is donating time, funding, and other resources so that schools can cultivate gardens, hold workshops for educators, and have classroom activities to help students. Because of efforts like these, Hall GROWS can continue to make an impact both in the lives of students and on the future of the industry.

The Farm Bureau's willingness to support students attests to the generosity of the American farmer. I am excited to see this program make a positive difference in communities like

my own in Hall County in Gainesville, Georgia.

Again, congratulations to the Hall County Farm Bureau for their work and effort and Hall GROWS.

REMEMBERING AND HONORING CONGRESSMAN MARK TAKAI

(Ms. GABBARD asked and was given permission to address the House for 1 minute.)

Ms. GABBARD. Mr. Speaker, 1 year ago today, we lost a brother, a friend, and a colleague, someone who made a great impact on my home State of Hawaii and this country.

My friend, Congressman Mark Takai, was someone who lived his entire life with a full heart committed to serving the people of Hawaii and his country. Always ready with a helping hand with creative new ideas and a hearty laugh, Mark was someone who was always on the move.

I had the honor of serving with Mark all the way back in the Hawaii State Legislature, through our time serving together in the Hawaii Army National Guard and then, again, here in Congress where we both served on the Armed Services Committee.

Mark, time and time again, made his decisions based on how best he could serve the people of Hawaii, and he took a lot of pictures along the way. Mark led by example with respect and with aloha understanding and passion building partnerships focused on seeing how he could get the job done.

So on this day commemorating Mark, my heart is with his family: his wife, Sami; his kids, Matthew and Kaila; his parents, Naomi and Erik; our entire National Guard "family," "ohana," and the people of Hawaii as we remember Mark and honor his entire life and legacy of service.

OBAMACARE

(Mr. DESANTIS asked and was given permission to address the House for 1 minute.)

Mr. DESANTIS. Mr. Speaker, Republicans have promised for years to repeal and replace ObamaCare, and this effort has seemed to have stalled in the Senate.

The best way to restart the ObamaCare repeal process is simple. Make Congress live under it.

The President can make this happen. ObamaCare included a provision dropping the congressional health plans for Members of Congress and diverting Members to the ObamaCare exchanges where they would have to pay their own premiums. Yet an Obama administration regulation gutted this provision and provided lucrative taxpayer subsidies for Members thereby creating an illegal exemption for Congress under ObamaCare.

Mr. President, cancel this regulatory exception. Make Members live under ObamaCare as written. If you make them live under ObamaCare, my guess

is that they will vote to quickly repeal ObamaCare.

FREEDOM FROM BURDENSOME REGULATIONS

(Mr. BIGGS asked and was given permission to address the House for 1 minute and to revise and extend his remarks.)

Mr. BIGGS. Mr. Speaker, last week, I started "Freedom Friday" to highlight freedom-killing regulations currently in effect.

Congress used the Congressional Review Act to overturn 14 regulations implemented in the waning days of the Obama administration. The repeal of these rules alone could save the economy millions of hours of paperwork—as much as \$3.7 billion in regulatory costs to Federal agencies and up to \$35 billion in compliance costs for industries. This is a nice start, but we are not done yet.

My main priority here in Congress is to restore the constitutional parameters of the Federal Government and end overregulation. The first regulation that I will be highlighting for "Freedom Friday" is an overly burdensome restriction on our trucking industry. California and the Ninth Circuit have imposed more stringent standards for truckers than those established by the Federal Motor Carrier Safety Administration.

There are some issues over which Congress has clear constitutional authority. This is one of them. We simply cannot allow our vital interstate commerce to fall victim to an incoherent patchwork of burdensome regulations. Our economic and national security depend on resisting this ominous trend.

ISSUES OF THE DAY

The SPEAKER pro tempore (Mr. COMER). Under the Speaker's announced policy of January 3, 2017, the gentleman from Texas (Mr. GOHMERT) is recognized for 60 minutes as the designee of the majority leader.

Mr. GOHMERT. Mr. Speaker, I want to follow up on what my friend from Florida, Congressman RON DESANTIS, was saying: Under ObamaCare—that passed without a single Republican vote—Congress was expressly put under all of the conditions of ObamaCare, and it expressly took us out from the insurance that we liked, the insurance plans we had and liked, and 180 degrees contrary to what President Obama said and so many of our friends across the aisle.

Even though we liked our insurance and we wanted to keep it, it turns out that was not true what they had been saying for so many months. We didn't get to keep our insurance. I know emails keep circulating that Members of Congress have some special "pie in the sky" health insurance, but, actually, it is exactly the same insurance options that every single Federal employee from—well, I started to say